



NIKE SWIM CAMPS 2011





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The Nike Swim Camps are designed to help **competitive swimmers** improve their stroke technique so they can compete at the next level. Upon arrival at camp, campers are placed in groups with other swimmers having similar abilities and goals.

Each director does his/her best to accommodate your needs, keeping in consideration your experience and desire to improve.



Camp Highlights

- For competitive swimmers only
- Stroke technique refinement
- Low camper to staff ratio and 24 hour supervision
- Two daily water sessions; one daily dry-land session (*varies by location*)
- Small group and individual stroke analysis/instruction
- Discussion topics: preparing for college, sports nutrition, injury prevention and personal goal setting
- Fun evening social activities
- Every camper receives a Nike Camp T-shirt and Nike Swim Cap
- Every camper is eligible to receive merit-based prizes during camp



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Official Sponsor

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1-800-NIKE CAMP (1-800-645-3226) or USSportsCamps.com



NIKE SWIM CAMPS 2011

WEST CAMPS



LEWIS AND CLARK COLLEGE

Portland, OR

- Directed by Head Swim Coach **Chris Fantz**
- Session 1: June 19-23 (Ages 9-13)
- Session 2: June 26-30 (Ages 14-18)
- Enrollment limited to 50 campers per session
- Prices: \$535 Overnight Camp; \$495 Extended Day Camp



UNIVERSITY OF NORTHERN COLORADO

Greeley, CO

- Directed by **Kelly McClanahan**, UNC's Head Swim Coach
- Camp Dates: June 5-9 and June 12-16
- Optional Extra Night Starts/Turns Clinic on 6/10 or 6/17
- Prices: \$540 Overnight Camp, \$440 Extended Day Camp, \$135 Extra Night & Starts/Turns Clinic



SAN DIEGO STATE UNIVERSITY

San Diego, CA

- Directed by SDSU's Assistant Coach **Brendon Bray**
- Camp Dates: June 19-22
- Prices: \$595 Overnight Camp, \$495 Extended Day Camp



WHITMAN COLLEGE

Walla Walla, WA

- Directed by Head Swim Coach **Jenn Blomme**
- Camp Dates: See website
- Prices: See website



SEATTLE UNIVERSITY

Seattle, WA

- Directed by **Kat Cuevas**, Head Swim Coach
- Overnight and Extended Day Camp: June 19-22
- Day Camp Only: June 23-25 (9:00am-3:00pm)
- Prices: \$525 Overnight Camp; \$425 Extended Day Camp, \$325 Day Camp



PEAK PERFORMANCE SWIM CAMP

Seattle, WA

- Camp Site: University of Washington
- Director: **Nick Baker**, Former Olympic Coach
- Camp Dates: August 1-5
- Programs: Elite Training and Advanced Training
- Packages: Overnight and Day Camps



STANFORD UNIVERSITY

Stanford, CA

- Training Site of the 2004 and 2008 Olympic Teams
- Session 1: June 18-23 (**Lea Maurer**)
- Session 2: June 25-30 (**Lea Maurer**)
- Session 3: July 2-7 (**Skip Kenney**)
- Session 4: July 9-14 (**Skip Kenney**)
- Prices: \$995 Overnight Camp, \$895 Extended Day Camp



PEAK PERFORMANCE SWIM CAMP

Thousand Oaks, CA

- Camp Site: California Lutheran University
- Director: **Nick Baker**, Former Olympic Coach
- Camp Dates: August 8-12
- Programs: Elite Training and Advanced Training
- Packages: Overnight and Day Camps



UNIVERSITY OF ARIZONA

Tucson, AZ

- Directed by Assistant Swim Coach **Whitney Hite**
- Session 1: June 5-9 (Sunday-Thursday)
- Session 2: June 13-17 (Monday-Friday)
- Prices: \$555 Overnight Camp; \$455 Extended Day Camp



5-METER WATER POLO CAMP

- Location: California State University, Bakersfield
- Directed by **Jason Gall**, Head Coach CSUB, and **Genai Kerr**, USA Olympian
- Camp Dates: July 10-13
- See website for more details



UNIVERSITY OF CALIFORNIA, SANTA CRUZ

Santa Cruz, CA

- Directed by UC Santa Cruz's Head Coach **Kim Musch**
- Swim Camp Dates: June 19-23
- **Water Polo Camp Dates: June 26-30**
- Prices: \$645 Overnight Camp, \$525 Extended Day Camp, \$425 Day Camp (8:30am-4:00pm)



5-METER INTERNATIONAL WATER POLO CAMP

- Location: Newport Beach, CA
- Directed by **Genai Kerr**, USA Olympian and **Marco Gerini**, Italian Olympian
- Camp Dates: July 17-26
- See website for more details



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CENTRAL CAMPS



BUTLER UNIVERSITY Indianapolis, IN

- Directed by **Maurice Stewart**, Butler's Head Swim Coach
- Camp Dates: July 17-21
- Prices: \$525 Overnight Camp, \$395 Extended Day Camp



HILLSDALE COLLEGE Hillsdale, MI

- Directed by **Kurt Kirner**, Head Swim Coach
- Camp Dates: July 10-14
- Prices: \$545 Overnight Camp; \$425 Extended Day Camp



SOUTHERN ILLINOIS UNIVERSITY, CARBONDALE Carbondale, IL

- Directed by **Rick Walker** and **Jeff Goelz**
- Camp Dates: June 12-16 and June 19-23
- Prices: \$495 Overnight Camp, \$395 Extended Day Camp



UNIVERSITY OF NORTH TEXAS Denton, TX

- Directed by **Joe Dykstra**, UNT's Head Swim Coach
- Complete Technique: June 19-23 (Ages 8-15)
Prices: \$455 Overnight Camp, \$355 Extended Day Camp
- Advanced Technique: June 26-30 (Ages 12-18)
Prices: \$530 Overnight Camp, \$430 Extended Day Camp



UNIVERSITY OF OKLAHOMA Norman, OK

- Directed by **Brendon Bray**
- Assistant Coach San Diego State University
- Camp Dates: June 26-29
- Prices: \$515 Overnight Camp, \$385 Extended Day Camp



UNIVERSITY OF WISCONSIN, OSHKOSH Oshkosh, WI

- Directed by Head Swim Coach **Jon Wilson**
- Technique Camps: June 19-23 and July 10-14
\$465 Overnight Camp, \$365 Extended Day Camp
- High School Advanced Camp: June 26-30 and July 31-August 4
\$515 Overnight Camp, \$415 Extended Day Camp



XAVIER UNIVERSITY Cincinnati, OH

- Directed by **Brent MacDonald**, XU's Head Swim Coach
- Camp Dates: June 26-30
- Prices: \$510 Overnight Camp, \$395 Extended Day Camp



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EAST CAMPS



BERRY COLLEGE Mount Berry, GA

- Directed by **Paul Flinchbaugh**, Berry's Head Swim Coach
- Camp Dates: June 26-30
- Prices: \$525 Overnight Camp; \$425 Extended Day Camp



FAIRFIELD UNIVERSITY Fairfield, CT

- Directed by **Bill Farley**, Fairfield's Head Swim Coach
- Camp Dates: June 27-30 and July 11-14
- Prices: \$555 Overnight Camp, \$425 Day camp (9:00am-4:00pm)



THE COLLEGE OF NEW JERSEY Ewing, NJ

- Directed by Head Swim Coach **Brian Bishop**
- Camp Dates: July 10-14
- Prices: \$585 Overnight Camp, \$385 Day Camp Only (8:30am-4:00pm)



UNIVERSITY OF MARYLAND College Park, MD

- Directed by **Matt Sellman**
- University of Maryland's Head Swim Coach
- Camp Dates: July 10-13
- Prices: \$550 Overnight Camp, \$435 Extended Day Camp



UNIVERSITY OF NEW HAMPSHIRE

Durham, NH

- Directed by **Josh Willman**, UNH's Head Swim Coach
- High School Training/Technique Camp (Ages 14-18)
- Camp Dates: July 31-August 4
- Price: \$665 Overnight Camp Only
- Enrollment limited to 60 campers



UNIVERSITY OF PITTSBURGH Pittsburgh, PA

- Directed by **Chuck Knoles** and **Marian Clark**
- Camp Dates: June 12-16 and June 19-23
- Prices: \$535 Overnight Camp; \$385 Extended Day Camp
- Half Day Option for ages 6-10: \$210 (9:00am-12:00pm)



UNIVERSITY OF VERMONT Burlington, VT

- Directed by **Gerry Cournoyer**, UVM's Head Swim Coach
- Camp Dates: June 26-30
- Prices: \$485 Overnight Camp; \$350 Day Camp



WAKE FOREST UNIVERSITY Winston-Salem, NC

- Directed by **Jeff Goelz**, Longtime Nike Swim Camp Director
- Camp Dates: July 10-13
- Prices: \$485 Overnight Camp; \$385 Extended Day Camp



WILLISTON NORTHAMPTON SCHOOL

Easthampton, MA

- Directed by **Josh Willman**, UNH's Head Swim Coach
- Camp Dates: June 26-30 and August 7-11
- Prices: \$510 Overnight Camp, \$395 Extended Day Camp
- Space varies by session and is limited!



PEAK PERFORMANCE SWIM CAMP

Mount Kisco, NY

- Director: **Nick Baker**, Former Olympic Coach
- February 21-25 at the Saw Mill Club
- August 22-26 at the Boys and Girls Club of N. Westchester
- Programs: Elite Training, Senior Advanced, Junior Advanced
- Packages: Multiple Sessions, Day Camp only



PEAK PERFORMANCE SWIM CAMP

Palm Beach Gardens, FL

- Camp Site: Palm Beach Gardens Aquatic Complex
- Director: **Nick Baker**, Former Olympic Coach
- Camp Dates: March 26-27
- Program: Advanced Training Camp
- Package: Day Camp only



PEAK PERFORMANCE SWIM CAMP

Manassas, VA

- Camp Site: Manassas City Park Community Center
- Director: **Nick Baker**, Former Olympic Coach
- Camp Dates: April 9-10 and July 4-8
- Programs: Elite Training and Advanced Training
- Packages: Overnight and Day Camps



PEAK PERFORMANCE SWIM CAMP

Greenwich, CT

- Camp Site: Greenwich Family Y
- Director: **Nick Baker**, Former Olympic Coach
- Camp Dates: April 16-22, July 11-15, July 18-22, August 15-19
- Programs: Elite Training, Senior Advanced, Junior Advanced
- Packages: Multiple Sessions, Day Camp only



PEAK PERFORMANCE SWIM CAMP

Orlando, FL

- Camp Site: National Training Center
- Director: **Nick Baker**, Former Olympic Coach
- Camp Dates: April 25-29, June 13-17, June 20-24, June 27-July 1, December 27-31
- Programs: Elite Training and Advanced Training
- Packages: Overnight and Day Camps

“An elite level swimmer possesses the mental prowess to remain focused, the technical expertise to maintain near-perfect form, and the physical fitness to go the distance.”

Former Olympic Coach Nick Baker



Experience a Unique Brand of Swim Camps

- A Holistic Approach to Competitive Swimming
- A Low Swimmer-to-Coach Ratio (7:1 or Less)
- A Coaching Philosophy Based on the Power of Positive Thinking
- A Family-Like Atmosphere with Close Supervision and Individualized Attention
- A Year-Round Camp Calendar Offered in Multiple Exciting Destinations
- A 15-Year History Specializing in Swim Camps for Elite and Advanced Swimmers

NEW YORK • GREENWICH • WASHINGTON DC • ORLANDO • PALM BEACH • SEATTLE • LOS ANGELES

HOW TO REGISTER:

- Online: **SWIMCAMP.COM**
- Phone: **1-877-308-PEAK (7325)**

PAYMENT TERMS:

- Forms of Payment - Visa/MasterCard or personal check (via mail)
- Camp Tuition - Pay in full or \$300 non-refundable deposit at registration
- Camp Extras - Pay in full at registration
- Non-Refundable Registration Fee - \$25 per session
- Final Balance - Due 30 days prior to camp start date

CANCELLATION POLICY:

- All payments are non-refundable. Unused camp fees may be applied to a future camp within one year after purchase date, less the \$300 non-refundable deposit and \$25 registration fee. Credits cannot be applied to a Nike Swim Camp. Transfer of any camp package or private coaching session, from the original purchaser to another, is not permitted under any circumstance.
- In the unlikely event Peak Performance Swim Camp cancels a camp session, a full refund for camp registration fees will be provided. Camper waives any and all damages that may otherwise arise out of any camp cancellation.

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It's Easy to Enroll

HOW TO REGISTER:

- Online: USSportsCamps.com
- Phone: 1-800-NIKE-CAMP (645-3226)
- Fax: 415-479-6061
- Mail: 750 Lindero Street #220
San Rafael, CA 94901

PAYMENT TERMS:

Payments can be made by Visa/MasterCard or by personal check (via mail)

- \$265 payment – Due at time of registration
 - \$250 per session deposit
 - \$15 per person non-refundable registration fee
- The Camp Tuition balances are due as follows:
 - For camps with June start dates, balance is due on May 1st
 - For camps with July start dates, balance is due on June 1st
 - For camps with August start dates, balance is due on July 1st

CANCELLATION POLICY:

Once registered, if you have to cancel for any reason, you will receive a camp "credit" for all Camp Tuition payments made, valid through 2012, for any Nike Swim Camp transferable to an immediate family member. A Nike Swim Camp "credit" cannot be applied to the Peak Performance Swim Camps. In the unlikely event USSC cancels a Nike Swim Camp session, a full refund for camp registration fees will be provided. Camper waives any and all damages that may otherwise arise out of any camp cancellation.

CANCELLATION PROTECTION:

- Can be purchased for \$35 per camp session
- With cancellation protection, cancel by your Camp Tuition "balance due" date (see above) and receive a refund of all Camp Tuition payments less the \$15 registration fee.
- If you cancel after your Camp Tuition "balance due" date, you will receive a camp "credit" for your paid tuition fees, transferable to an immediate family member and applicable to any US Sports Camp through 2012. Credits cannot be applied to the Peak Performance Swim Camps.



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Name: First _____

Last _____

Address: _____

City _____ State _____

Zip _____

E-mail _____

Home #: (_____) _____

Cell #: (_____) _____

D.O.B. _____ / _____ / _____ Grade _____

Sex: Male Female

Camp Location _____

Session Dates _____

Overnight Extended Day Day

Roommate Request (if applicable)

Payment Information

Person Paying _____

Cell #: (_____) _____

Method of Payment:

VISA MasterCard Check

Deposit Full Payment

Please add \$35 for Cancellation Protection (does not apply to Peak Performance)

Please automatically charge my balance on the applicable payment due date

Credit Card # _____

3 Digit Security Code _____

Expiration Date _____

Name on Card _____

By submitting this application I affirm that I have read and agree to the applicable cancellation policy and hereby accept the terms of enrollment described in this brochure. Furthermore, I agree to pay all camp fees and authorize USSC to charge my credit card (if applicable).

Signature _____

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